

REFLECTIONS FOR THIS SUNDAY

3RD SUNDAY OF LENT

**FIRST READING:-** A reading from the Book of Exodus (17:3-7)  
Despite their ingratitude and mistrust, God accompanies His chosen people, the Israelites, by providing water from a rock in the desert.  
**RESPONSE :-** O that today you would listen to his voice! Harden not your hearts.

**SECOND READING: -** A reading from the letter of St. Paul to the Romans (5:1-2, 5-8)  
St. Paul's message is an encouragement to persevere in spite of adversity. He reminds us Christians that God has given us his extraordinary love because Christ died for us while we were still sinners.

**GOSPEL :-** A reading from the Holy Gospel according to St. John (4:5-42)  
In this passage St. John narrates the story of Jesus' encounter with a Samaritan woman. The message is clear: "We are loved in spite of our sins."



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PARISH NEWS

HOLY FATHER'S INTENTIONS FOR MARCH

That young people who are searching for the sense of life may be understood, respected and accompanied with patience and love.  
  
That throughout the Church, there may grow that shared missionary awareness, which favours the collaboration and ex-change of those who work in the missions.

TATIONS OF THE CROSS

Thursday:	At 6:30 pm in Malayalam
Friday:	At 5:00 pm in Hindi
	At 6:30 pm in English
At Carmel:	Tuesday at 2:30 pm
At Mater Dei:	Friday at 6:00 pm
At Khan Mkt:	Friday at 6:30 pm

During the stations of the cross, collection will be taken towards the Campaign against hunger and disease.

CHURCH SUPPORT FUND

Kindly pay your Church Support Fund to the members of the Catholic Association every Sunday. Supporting the Church financially is the obligation of every Catholic family.

LENTEN RETREAT FOR PARISHIONERS

Date: 4th, 5th & 6th April 2014

Time: 06:00 pm to 8:00 pm

VENUE: Sacred Heart Cathedral

Organised by: Sacred Heart Cathedral  
Preacher: Rev.Fr. Mathew Katara

FEBRUARY 2013CALENDAR

24/Mon 2 Sam 7:4-5,12-14; Ps 88; Rom 4:13,16-18,22; Lk 2:41-51  
25/Tue Dan 3:25,34-43; Ps 24; Mt 18:21-35  
26/Wed Deut 4:1,5-9; Ps 147; Mt 5:17-19  
27/Thu Jer 7:23-28; Ps 94; Lk 11:14-23  
28/Fri Hos 14:2-10; Ps 80; Mk 12:28-34  
29/Sat Is 7:10-14;8:10; Ps 39;Heb 10:4-10; Lk 1:26-38

CATHEDRAL  
Calling

" GO, AND SIN NO MORE! "

First Sunday of Advent



Parish Priest:  
Rev. Fr. Maria Susai

Co-pastors :  
Rev. Fr. Shyju Xavier  
Rev. Fr. Umesh Ekka

Third Sunday of Lent  
Vol.25, No. 12  
23-29 Mar 2014



Parish Bulletin  
Sacred Heart Cathedral  
1, Ashok Place, New Delhi - 110 001

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## WINTER MASS TIMINGS

### SATURDAYS:

**Cathedral : 6.30 p.m. Sunday Anticipated Mass (English)**

**(Weekday Masses at 6.00 a.m., 1:00 p.m. and 6.30 p.m.)**

### SUNDAYS:

Cathedral :	06.30 a.m.	—	English
	07.30 a.m.	—	Malayalam
	09.00 a.m.	—	English
	10.15 a.m.	—	Hindi
	11.30 a.m.	—	English
	04.30 p.m.	—	Hindi
	06.30 p.m.	—	English
Carmel :	07.30 a.m.	—	Hindi
Mater Dei :	07.00 a.m.	—	Hindi
ISI :	07.00 a.m.	—	Hindi

Apostolic Nunciature : 07.30 & 10.00 a.m.—English

### REFLECTION:

Human beings thirst for God. The thirst for water becomes a symbol for the thirst for God. The symbol of water resonates beautifully with the love of God “poured out” into Paul’s heart through the Holy Spirit. The symbol of water runs throughout today’s readings.

Moses, in the first reading, strikes the rock and water flows. The Hebrew people were dying of thirst in their wandering in the desert after the Exodus from Egypt. They complained to Moses and Moses cried out to the Lord. The Lord responded, “Strike the rock, and water will flow from it for the people to drink.”

Unexpected and unmerited, the Hebrew were saved from death by God by the gift of water.

Jesus in the Gospel of John, encounters a Samaritan woman at Jacob’s Well and asks her for a drink. She hesitates incredulous that a Jew and male would ask her a Samaritan and a female for a drink-- Jews typically despise and shun Samaritans. Jesus assures her that he will give her “living water.”Touched deeply by Jesus, the woman spreads the word to her fellow Samaritans. And the gospel tells us that many Samaritans came to believe in him.

God comes to the Samaritans, unexpected and unmerited.

We are all -- like the Jews wandering in the desert and like the Samaritan woman -- in desperate need for God. We are needy human beings wandering in the desert of our often secular and materialistic culture.

But we have been invited into a new relationship with God through the gift of the Holy Spirit poured into our hearts.And Lent is the season that invites us to plumb our emptiness and alienation from God and to return to Jesus who comes to us unexpected and unmerited.

## PARISH NEWS

### CATECHISM ANNUAL EXAMS:

Annual exams for the catechism children will be held on Sunday, 6th April, 2014. Only those children who regularly attend the Classes and pass the exams shall be considered and promoted for the Sacraments which we plan to administer in the month of July. Annual Day of the Catechism children will be held on the 27th of April,2014

### WAY OF THE CROSS:

Way of the Cross is held on Fridays at 5 pm in Hindi and at 6.30 pm in English. Collection taken during the service will be for the campaign against hunger and disease.

### LENTEN RETREAT:

Lenten retreat for our parishioners will be held on the 4th, 5th and 6th of April, 2014 from 6 pm to 8 pm. It is an opportunity for us to prepare ourselves spiritually so that we enter into the Holy Week in a spirit of prayer, devotion and with a deeper understanding of the Paschal mystery.

### MUSICAL EVENING:

A musical evening entitled “Passion Delhi” is being organized today at Thyagaraj Sports Complex from 6 pm onwards. World renowned musicians like Christ Tomlin, Kristian Stanfill and Louie Giglio are expected to perform. Donor passes costing Rs. 250/ are available with Fr. Chetan Machado. For details have a look at the Notice Board.

### PRAYING FOR OUR NATION:

The forthcoming general elections, as you know, are very important on many counts. Keeping this in mind, our Archbishop has requested us to spend this day specially praying for our Nation. Today during all Masses we pray for this special intention.

### EASTER EGGS:

Like the previous years we plan to distribute Easter Eggs and coffee after the Easter Vigil service. If anyone wishes to sponsor these, kindly contact the Parish Fathers.

### COMMON CATECHETICAL PROGRAMME:

Those of you, who have not yet given their names for the Common Catechetical Programme, may kindly give their names to the Parish Fathers. We hope to begin the classes soon.

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### CHANGE OF MASS TIMINGS

Weekdays:

Morning Mass at 6:00 am

Evening Mass at 6:30 pm

Sundays:

Morning Masses no change

Evening Hindi Mass at 4:30 pm

Evening English Mass at 6:30 pm

Carmel Convent:

Sunday Mass at 7:30 am

Mater Dei:

Sunday Mass at 7:00 am

I.S.I.

Sunday Hindi Mass at 07:00 am

“Ask and it will be given to you; seek and you will find;  
knock and the door will be opened to you.”