

## SACRED HEART CATHEDRAL

1, Ashok Place, New Delhi - 110001 ☎ 23363593/23347304



sacredheartcathedralnewdelhi@gmail.com



CONNECT WITH US



www.fb.com/shcdca



www.sacredheartcathedraldelhi.org



## Message by Parish Priest



My dear friends!

On the last Sunday of the year, we celebrate the Feast of the Holy Family. We are here to offer all the members of our own families on the altar for God's blessing. We know that the family of Jesus was steeped in Scripture. Mary's prayer, the Magnificat, is rich in Old Testament quotations. We know that Jesus' family had a deep life of piety that included pilgrimages and prayer to the angels. Both Mary and Joseph received the guidance of Heaven's messengers. From Jesus' adulthood, we can also glimpse the prayer life He learned from His parents. He prayed the morning offering of pious Jews (Mk 12:29-30). He prayed spontaneously. He took time to pray alone. Yet, He also prayed with His friends. Jesus fasted and marked the holy days. All these habits He probably acquired from His home life in Nazareth. We know that work was important to Jesus' family. In adulthood, Jesus was called not just "Joseph's son," but "the carpenter's son." Joseph was skilled in a trade that was highly regarded in his day, and he trained Jesus in the same craft. We can conclude from Jesus' preaching that Mary was industrious and frugal in keeping a house. It was likely from her example that Jesus drew many of His favorite stories: a woman finding just the right cloth to patch a piece of clothing, a woman setting aside leaven for tomorrow's baking, a widow searching her house for a lost coin. Hard work, struggling to pay the bills, taking long road trips, praying simple devotions- all of this we learn from the real Gospels.

The Feast of the Holy Family is an invitation to all of us to be steeped in prayer. May we all learn from the example of the Holy Family that we may persevere in faith and face all the challenges of our lives with confidence.

Happy Feast! May the Holy Family protect each and every family.

## Parish Priest

Fr. Lawrence PR

## Asst. Parish Priests

Fr. John Britto

Fr. Shinil Jacob

## Mass Timings

Saturdays

6.00 pm (Eng)

Anticipated Mass

Sundays

6.30 am - English

7.30 am - Malayalam

9.00 am - English

10.15 am - Hindi

11.30 am - English

4.00 pm - Hindi

6.00 pm - English

Weekdays

6.30 am - English

1.00 pm - English

6.00 pm - English

Tuesday evening

Mass is in Hindi

\* No mass at 1.00 pm  
on Saturdays

## Sunday Liturgy

5th Jan. 2020

English 9:00am

St. Thomas

SCC Unit

Hindi 10:15am

St. Mother Teresa

SCC Unit

# ((( SUNDAY READINGS & REFLECTION )))

## 1st Reading: Ecclesiasticus 3:2-6,12-14

Sirach exhorts grown-up children to respect their parents. He emphasizes that kindness shown to them will be rewarded.

### Response Ps: 127

O blessed are those who fear the Lord and walk in his ways.

## 2nd Reading: Colossians 3:13-15,19-23

In this passage Paul lists several virtues, such as compassion, kindness, lowliness, and forgiveness. These are essential for leading a good family life.

## Gospel : Matthew 2:13-15,19-23

After the Wise Men leave, the Holy Family escapes to Egypt. After the death of Herod they return and settle in Nazareth which becomes the mission area of Jesus

### Prayers of the Faithful:

Lord, bless our families.

## पहला पाठ: प्रवक्ता ग्रंथ 3:2-6,12-14

आपसी प्रेम, आदर एवं सेवाभाव परिवार के स्थायित्व तथा उन्नति के लिए जरूरी है। जिन परिवारों में ये गुण हैं इनके सदस्य भविष्य जीवन की तैयारी ठीक से करते हैं।

### अनुवाक्य: स्तोत्र 127

धन्य हैं वे सब, जो प्रभु पर श्रद्धा रखते हैं और उसके मार्ग पर चलते हैं।

## दूसरा पाठ: कलोसियों के नाम पत्र 3:12-21

ईश्वर ने हम सबों को एक परिवार का सदस्य बनाया है। अतः हमको चाहिए कि हम आपसी प्रेम और सहयोग द्वारा 'वसुदैव कुटुंबकम्' के भाव को बढ़ावा दें।

## सुसमाचार: संत मती 2:13-15,19-23

माता करियम और संत यूसुफ आज्ञाकारी थे। वे स्वर्गदूत के आदेशों को भी ईश्वर की आज्ञा मान कर उनका यथावत पालन करते हैं।

### विश्वासियों के निवेदन

हे पिता, हमारा निवेदन स्वीकार कर।

## REFLECTION

### Holy Family

Today is the feast day of the Holy Family, but also every family's feast day, since the Holy Family is the patron and model of all Christian families. Today should be a huge family feast, since it is devoted entirely to the Holy Family as a model for the Christian family life. It was through this loving family that Our Lord was born into the world, and this feast today is an important reminder for all of us to keep our families in good condition.

The Holy Family principally is about Christ of course, the One Who is the reason for us to rejoice at Christmas and the One Who made this Family to be different and distinct apart from any other families of the world, for He is the very Son of God, Who came into the world incarnate in the flesh through His mother Mary, a pivotal moment in the salvation of mankind, for through Him God willed the salvation of all His people. And then as mentioned, the Family has a mother in Mary, the mother of Our Lord Jesus Christ, and because Jesus is both Man as He is also God, Mary is the Mother of God. She herself is also an integral part of the Holy Family, as no family can exist without a mother figure. It was through her that the Messiah entered this world, dwelling in her womb, the very first Tabernacle, for nine months long. Finally, we have St. Joseph, as the father and head of the Holy Family, just as the other families are headed by the fathers of the respective families. Although St. Joseph was not the biological father of the Lord Jesus, but as the legally and lawfully married husband of Mary, the mother of Jesus, St. Joseph was the legal father and foster-father of the Lord, and therefore also an integral part of the Holy Family of Bethlehem and Nazareth.

On this Feast of the Holy Family therefore, all of us are reminded that the institution of the family is one that is very important to our lives, to our faith and to our journey as Christians in this world, one that we cannot and should not take lightly especially as we should be aware of just how the institution of the family has been constantly under attack from those who seek to destroy us and the Church. The devil and all of his allies seeking our downfall and destruction know very well that the family is the bedrock of our faith, and the protection against the corruption and temptations that often turn many people away from God. That is why he directed and concerted all the attacks against the families of the faithful, tempting all to break the faithful unions apart, making people to believe less in their matrimonial bonds and in their families. That is why there are so much disobedience within the families, there are so many infidelities and unfaithfulness, people cheating against their spouses and betraying their own family members. That is why jealousy, hatred, anger and many other negativities often reign in our families, among our relationships and friendships, in our communities and societies. All these are caused by the devil and all of his machinations to destroy us from within.

Brothers and Sisters, we are called to follow the example of Christ's obedience to His parents on earth, the love He had for them, and the love which Mary and St. Joseph had for their Son, and for each other. That is why, let us all be inspired by the Holy Family and strive to do our best to model ourselves and our own families after their good examples. Let us all rejoice together in this glorious and joyful season of Christmas as faithful and devout Christian families, all seeking not the selfish love of oneself, and resisting the temptations of pleasures of the flesh and all that often led to the destruction of families and relationships, instead, loving one another sincerely and with all of our hearts, from now on.

## READINGS OF THE WEEK

- 29 Mon:** 1 Jn 2:12-17/Ps 96 /Lk 2:36-40  
**30 Tue:** 1 Jn 2:18-21/Ps 96 / Jn 1:1-18  
**01 Wed:** Num 6:22-27/Ps 66/ Gal 4:4-7/  
 Lk 2:16-21  
**02 Thu:** 1 Jn 2:22-28/PS 98/ Jn 1:19-28  
**03 Fri:** 1 Jn 2:29-3:6/Ps 98/ Jn 1:29-34  
**04 Sat:** 1 Jn 3:7-10/Ps 98/ Jn 1:35-42



"The family is the fundamental locus of the covenant between the Church and God's creation."

~Pope Francis~



## PARISH NEWS

1. Thanks to all the benefactors, association members for the generous contribution of your time and resources in organising the Christmas Celebrations in a meaningful way.
2. Next Sunday there will be a meeting of Parish Council soon after the 9.00 am Mass. All the outgoing members are requested to attend the meeting.
3. Today we celebrate the Christmas Tree. Thanks to the Youth and CA members for organizing the Christmas tree celebrations. Soon after the 9.30 combined mass please proceed to CJM ground for the games.
4. Today we celebrate the Holy family Feast. This year we are honoring all the couples who got married in the 1992 onwards. Today evening 6 o clock mass will be offered for all the couples who have completed 25 years in the married life. We also will celebrate the couples who have completed more than 40 years of their marriage.
5. We have a children's choir in this parish. All those children who are interested to join the choir are requested to come for practices every Saturday at 3:30 pm at the Maria Bhawan Basement.
6. Thanks to All the Children of our parish for animating the liturgy today along with St. Francis Xavier SCC unit.
7. Next Sunday, the Liturgy for 9.00 am Mass will be animated by St. Thomas SCC unit and 10:15 am mass will be animated by St Mother Theresa SCC unit respectively.
8. Kindly pay your Church Support Fund regularly at the Help Desk.
9. Parish Calendars and stars are available in front of Maria Bhawan.

Fr. Lawrence PR  
Parish Priest

# Sacred Heart Cathedral

Ashok Place, New Delhi-110 001

## LITURGY SCHEDULE FOR NEW YEAR-2020

DATE	DAY	TIME	EVENT
31-12-2019	Tuesday	10.45 pm to 11.45 pm	Adoration
31-12-2019	Tuesday	12.00 midnight	Thanksgiving Mass (English & Hindi)
01-01-2020	Wednesday	07.30 am	Malayalam (Syro-Malabar Mass)
		09.00 am	Solemn English Mass
		10.15 am	Solemn Hindi Mass
		11.30 am	Solemn English Mass
		06.00 pm	Solemn English Mass

### Kindly Note:

Kindly note that on the eve of New Year (i.e. on 31st December), we will begin the Thanksgiving adoration at 10.45 pm followed by the Solemn Holy Eucharist. The first day of the New Year being the Solemnity of Mary, Mother of God, Masses will be as per the Sunday Schedule except the masses at 6.30 am & 4.00 pm.

Fr. Lawrence PR  
Parish Priest

## FEASTS OF THE WEEK

*Mon: 30th Dec. 2019*

**St Sabinus**

*Tue: 31st Dec. 2019*

**St. Sylvester**

*Wed: 1st Jan. 2020*

**Mary Mother of God Solemnity**

*Thu: 2nd Jan. 2020*

**St. Basil the Great and  
Gregory Nazianzen**

*Fri: 3rd Jan. 2020*  
**Holy Name of Jesus**

*Sat: 4th Jan. 2020*

**St. Elizabeth Ann Seton**

## Past Events



**This issue is sponsored by Ms. JAYA PAUL.**