

## SACRED HEART CATHEDRAL

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## Message by Parish Priest

Dear Friends



This week let us focus on forgiveness in Family. In the modern world the families are challenged more than ever.

We live in a nuclear family. We live in situations where we feel faulted and where we fault each other every day. It is in this context that the value of forgiveness becomes all the more vital in the family. Pope Francis in the general audience on November 4, 2015 said, **“One cannot live without seeking forgiveness, or at least, one cannot live at peace, especially in the family. We wrong one another every day. We must take into account these mistakes, due to our frailty and our selfishness. However, what we are asked to do is to promptly heal the wounds that we cause, to immediately reweave the bonds that break within the family. If we wait too long everything becomes more difficult.”**

Pope further says, **“Forgiveness is vital to our emotional health and spiritual survival. Without forgiveness the family becomes a theater of conflict and a bastion of grievances. Without forgiveness the family becomes sick. Forgiveness is the sterilization of the soul, cleansing the mind and the liberation of the heart.”**

May our families become the centre of forgiveness. Let it not become the dumping yard of the hurt feeling but rather a place where open sharing and forgiveness is given and accepted. May our families become strong and well bounded together. God Bless!

## SCC MEETINGS

**St. Thomas SCC** meeting on 28th Aug. (7:00 pm) Wed.  
at Mr. Victor Eric residence, No 10 Amrita Shergill Marg.

**St. John Paul II SCC** meeting on 29th Aug. (7:00 pm) Thur.  
at CLERGY HOME

**St. Michael SCC** meeting on 29th Aug. (8:00 pm) Thur.  
at Mrs. Sunny Theo residence, 34, Ground Floor, LPMC Staff Qtr. Bangla Sahib Road

## Parish Priest

Fr. Lawrence PR

## Asst. Parish Priests

Fr. John Britto

Fr. Shinil Jacob

## Mass Timings

Saturdays

6.30 pm (Eng)  
Anticipated Mass

Sundays

6.30 am - English  
7.30 am - Malayalam  
9.00 am - English  
10.15 am - Hindi  
11.30 am - English  
4.30 pm - Hindi  
6.30 pm - English

Weekdays

6.00 am - English  
1.00 pm - English  
6.30 pm - English

Tuesday evening  
Mass is in Hindi

\* No mass at 1.00 pm  
on Saturdays

Sunday Liturgy  
1<sup>st</sup> Sep. 2019

English 9:00am

**St. Francis of Assisi  
SCC Unit**

Hindi 10:15am

**St. Michael  
SCC Unit**

# ((( (SUNDAY READINGS & REFLECTION) )))

## 1st Reading: Isaiah 66:18-21

The book of Isaiah closes with a grandiose design of God wherein he will gather all nations and peoples under his rule.

## Response Ps: 117

Go out to the whole world; proclaim the Good News.

## 2nd Reading: Hebrews 12:5-7,11-13

The author after assuring that all believers are children of God goes on to say that sonship and suffering go hand in hand because the Lord disciplines those whom he loves.

## Gospel : Luke 13:22-30

Jesus does not answer the question regarding those who will be saved, but says that there is no easy road to heaven. Our lives must be focused on heaven in order to get there.

## Prayers of the Faithful:

Lord, watch over us and save us.

## पहला पाठ: इयायाह ग्रंथ 66:18-21

“मैं उनमें से कुछ लोगों को याजक बनाऊँगा और कुछ लोगों को लेवी।”

## अनुवाक्य: स्तोत्र 116

संसार के कोने-कोने में जा कर सारी सृष्टि को सुसमाचार सुनाओ।

## दूसरा पाठ: इब्रानियों के नाम पत्र 12:5-7,11-13

जो दण्ड द्वारा सुधारे जाते हैं, वे बाद में धार्मिकता का शान्तिप्रद फल पाते हैं।

## सुसमाचार: संत लूकस 13:22-30

संकरे द्वार से प्रवेश करने का पूरा-पूरा प्रयत्न करो।

## विश्वासियों के निवेदन

हे पिता, हमारी प्रार्थना सुन।

## REFLECTION

Today's Gospel passage concerns those who hear Christ's message but refuse to follow it. While the questioner who asked how many would be saved did not get a direct answer from Christ, nevertheless it was made very clear to him and to all of us that each one's salvation is in his own hands. All those who accept Christ, his teaching and the helps he has made available to them, will enter the kingdom of God. On the other hand, those who are excluded from that eternal kingdom will have only themselves to blame. God invites all men to heaven. He gives all the help necessary to every man, but, because men have a free will which God cannot force, some will abuse that freedom and choose wrongly. Christ mentions the narrow door through which we must enter into God's kingdom. This means that we must exercise self-restraint and mortification and this we do when we respect and keep his commandments. When we are called to judgment it will be too late to shout "Lord, open to us." We should have sought his mercy and his forgiveness during our earthly life, and he would have granted it.

The thought of our moment of judgment is a staggering one even for the holiest of us. Things and actions that do not trouble us much now, will appear in a different light then. The prayers we omitted or said carelessly, the Masses we missed on flimsy excuses the little bit of continual injustice to others, or the dishonesty practiced by a worker against his employer, the sins of impurity of which we thought rather lightly, the bad language so freely used and the scandal we spread so flippantly, the money wasted on drink or gambling when our children needed nourishment and clothing — these, and many other such faults of which we excuse ourselves so easily now, will not be a source of joy or consolation for us on that dread day, if we arrive at God's justice-seat still burdened with them.

We are dealing with God's mercy while alive. He will forgive any sin and any number of sins if we truly repent, and resolve to correct these faults. To do this is the only one guarantee that even God himself can give us of a successful judgment. Every man who lives in God's grace will die in God's grace and be numbered among the saved. The man who lives habitually in sin, and refuses to amend his life, will die in his sinful state, and thus exclude himself from eternal salvation. Now it is for us to choose whether to follow Christ and live according to his laws in order to be saved or to ignore Christ and his laws and shall be among the lost.

## READINGS OF THE WEEK:

26/Mon: 1Thes 1:1-5,8b-10/ Ps 149/ Mt 23:13-22

27/Tue: 1Thes 2:1-8/ Ps 139/ Mt 23:23-26

28/Wed: 1 Thes 2:9-13/ Ps 139/ Mt 23:27-32

29/Thu: 1Thes 3:7-13/ Ps 90/ Mk 6:17-29

30/Fri: 1Thes 4:1-8/ Ps 97/ Mt 25:1-13

31/Sat: 1Thes 4:9-11/ Ps 98/ Mt 25:14-30



Families, School of Human  
Growth That families,  
through their life of prayer and love,  
become ever more clearly  
“schools of true human growth.”

~Pope Francis~



## PARISH NEWS

1. Next Sunday on 1<sup>st</sup> September, 2019, there will be a meeting of the Parish Council soon after 9.00 am Mass. All the members are requested to attend the meeting at Maria Bhawan basement.
2. Parents of the Catechism students are requested to send the children regularly for the Catechism and to make sure that the children occupy the front pews in the church during the Mass.
3. We celebrate the Birthday of Mother Mary on the 8<sup>th</sup> September. In preparation for the celebration we begin the Novena on the 30<sup>th</sup> of August. There will be Novena and Rosary every evening at 6 in front of the Grotto. Every day Novena and Rosary will be conducted by different Associations and Convents of the parish. Kindly refer the notice board for details.
4. On 31<sup>st</sup> August, next Saturday, we will be going on a pilgrimage to Our Lady of Health Shrine, Masihgarh. Kindly reserve your seats for the bus. Bus coupons costing Rs 20/- are available with the CA members in the Help Desk.
5. Youth United For Christ is organizing National Youth Convention called KAIROS 2019 from 26<sup>th</sup> October till the 29<sup>th</sup> October. The venue is Jeevan Jyothi Ashram Burari. All the Youth members are expected to attend this convention. From our parish at least 50 Young people are expected to register for the same. Last date to register is 15<sup>th</sup> September.
6. We **appreciate** all members of St. Alphonsa SCC unit and Our Lady of Mount Carmel unit for animating the Liturgy for 09.00 am & 10:15am Mass respectively.
7. **Next Sunday's** Liturgy for 9.00 am Mass will be animated by St. Francis of Assisi SCC unit and 10:15 am mass will be animated by St. Michael SCC unit respectively.
8. For details regarding the SCC meetings in your respective areas during the week, kindly refer the Cathedral Calling

# November Schedule 2019

Date	Theme	Group
30 <sup>th</sup> August, Friday	Mary: God's Sublime Creation	Legion of Mary
31 <sup>st</sup> August, Saturday	Mary: Splendor of the Race of David	Convent of Jesus and Mary
1 <sup>st</sup> September, Sunday	Mary: Model of Holy Life	Youth Group
2 <sup>nd</sup> September, Monday	Mary: Mother of Good Health	Society of St. Vincent De Paul
3 <sup>rd</sup> September, Tuesday	Mary: Our Heavenly Benefactress	Catholic Association
4 <sup>th</sup> September, Wednesday	Mary: Radiator of the Eternal Light	Aradhana Sisters
5 <sup>th</sup> September, Thursday	Mary: Partner in the sufferings of Jesus	Parish Council
6 <sup>th</sup> September, Friday	Mary: Holy Temple of God	Vailankanni Matha SCC Unit
7 <sup>th</sup> September, Saturday	Mary: Seat of Wisdom	St. Alphonsa SCC Unit
8 <sup>th</sup> September, Sunday	Mary: Mother of God	All Associations



## Bible Quiz

1. Who was the widow who met baby Yeshua at the Temple?
2. How old was Josiah when he became King?
3. What were the names of Joseph's two sons?
4. Who was Jacob's youngest son?
5. At the feeding of the 500, a young boy provided what food?

### Last Week's Answer

1. Rebekah
2. Sarai (Sarah)
3. Rachel
4. Rebekah
5. Elizabeth
6. Mary
7. Bathsheba
8. Deborah
9. Mother In-Law
10. Eva
11. Moses

### FREE CLINIC AT MARIA BHAVAN BASEMENT

**ACUPRESSURE TREATMENT:** There is free clinic for acupressure treatment every Saturday from 09.00 am to 01.00 pm.

**HOMEOPATHIC TREATMENT:** Free homeopathic treatment is available every Saturday from 05.30 pm to 07.00 pm.

## FEASTS OF THE WEEK



*Mon: 26<sup>th</sup> Aug 2019*

**St. Zephyrinus. pp**

*Tue: 27<sup>th</sup> Aug 2019*

**St. Monica**

*Wed: 28<sup>th</sup> Aug 2019*

**St. Augustine**

*Thu: 29<sup>th</sup> Aug 2019*

**Beheding of John the Baptist**

*Fri: 30<sup>th</sup> Aug 2019*

**St. Felix**

*Sat: 31<sup>st</sup> Aug 2019*

**St. Raymond Nonnatus**

## Post events



Archbishop Anil JT Couto blessed and inaugurated electronically operated Automatic

Church Bell on 15th Aug. 2019 during the 9:00 am Mass.

His Grace Archbishop Anil JT Couto handed over the "Fr. Luca Education Fund" to 18 deserving students for the current Academic years 2019-20.

